

THURSDAY, FEBRUARY 18, 2021

VOL. 21 NO.06

# The Journal

www.yourlocaljournal.ca

Via Canada Post HUDSON, ST. LAZARE // VAUDREUIL-DORION, RIGAUD, PINCOURT, ÎLE-PERROT, N.D.I.P. & SAINTE-ANNE-DE-BELLEVUE



PHOTO BY CARMEN MARIE FABIO

## Showing the forest some love

Sylvie Tousignant of Le comité SOS Boisé des Chênes Blancs addresses media and the roughly 100 protesters who

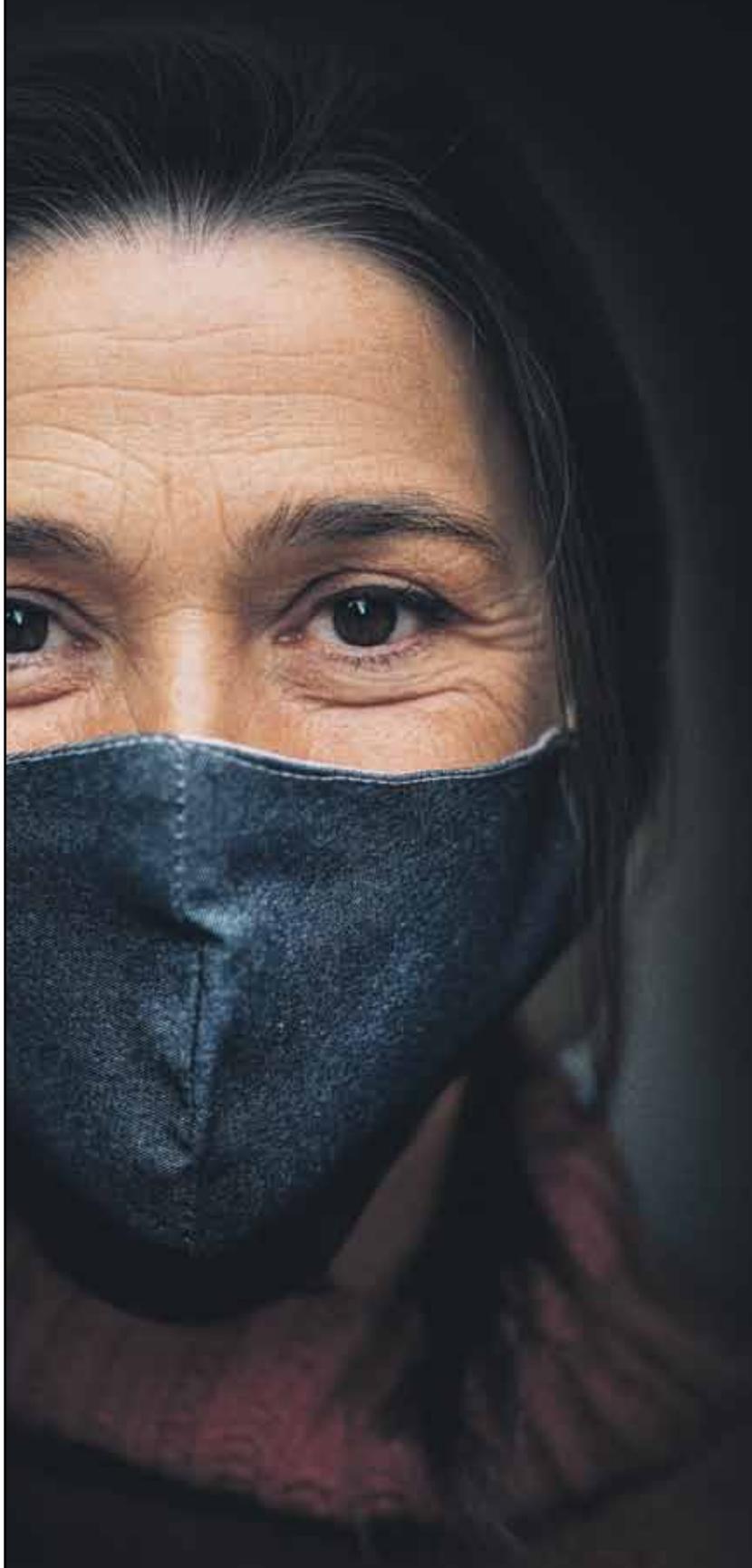
assembled near 63rd Avenue in Notre-Dame-de-l'Île-Perrot the morning of February 14 to symbolically decorate

and celebrate the forest that's being partially razed to allow for a 17-house development. See story on page 3.

*"Some rich men came and raped the land, nobody caught 'em... They put up a bunch of ugly boxes and Jesus, people bought 'em" – The Eagles*

### Inside

- Saint-Lazare couple want fair deal 5
- Maison-Valois to get some TLC 6
- Biking from Ste. Anne's to Kirkland 7
- Teacher appreciation during a pandemic 9



## Now more than ever, simple gestures are our best protection to fight the virus.

- ✿ Maintain physical distancing
- ✿ Wear a mask
- ✿ Wash your hands regularly
- ✿ Avoid travel to other regions and non-essential trips
- ✿ Get tested promptly if you have symptoms
- ✿ Follow self-isolation guidelines

Let's continue to protect ourselves properly.

[Québec.ca/coronavirus](https://quebec.ca/coronavirus)

 1 877 644-4545

# NDIP development protestors vow to continue

Carmen Marie Fabio

editor@yourlocaljournal.ca

The cutting of trees for a disputed housing development project on 64<sup>th</sup> Avenue in Notre-Dame-de-l'Île-Perrot (NDIP) may have already begun but residents are vowing to continue to protest and are calling for a moratorium on this and four other housing projects slated to begin on the territory this year.

A rally held Sunday, February 14 organized by Le comité SOS Boisé des Chênes Blancs drew roughly 100 citizens including biologists, researchers, and Quebec Green Party leader Alex Tyrrell.

"I came to support the demands of the citizens who are calling for a moratorium on all new development on Île-Perrot until a global plan is presented that takes into account conservation and the protection of green space. I fully support their request for this moratorium," Tyrrell told *The Journal*.

"I'm also calling on the Minister of the Environment Benoît Charette to redo the evaluations of this area here which, according to the citizens, contains endangered species including White oak trees and the Western chorus frog," he added.

### Experts speak up

"This is a very special and rare forest with a White oak community," said biologist and PhD candidate at Université du Québec en Abitibi-Témiscamingue Annie-Claude Bélisle. "It's old growth and quite unique in southern Quebec," she said, adding most White oaks have been felled for development.

"The forest likely dates back to colonization, and possibly even before," Bélisle said. "There's archeological and environmental value to the area. Wood-

lands are crucial for the population to access nature and reap the health benefits."

The tree-cutting was to have begun in the spring but following citizen outcry, the developer moved the date forward and began cutting on February 9.

"There are many other projects set to take place on the island," Bélisle added. "This group of citizens is a good start for protecting what's left."

### Important biodiversity

"This site is so precious," said area resident Sébastien Boisvert, "and as this movement is growing, lots of professionals are coming in pointing out that it's an important spot for biodiversity."

Boisvert said that even if there are efforts by the developer to preserve a portion of the White oaks, the development will include dynamite blasting which will have further detrimental effects on the forest.

"The mayor (Danie Deschênes) doesn't seem to see the forest," Boisvert said. "All she seems to see is the opportunity for development. In an address made to citizens earlier in February, she made it very clear – all privately owned woods were meant to be developed. There's no plan to protect them."

"The mayor made it clear the city needs tax money but there's no concern for nature or for this forest," added resident Sandra Gajdos. "There's no concern for the animals whatsoever."

Residents also voiced their objections against Mayor Deschênes for allowing the work to proceed without any sort of public consultation.

### Impact analysis

A 24-page report on the impact analysis and recommendations for the draft real estate development issued to the town February 9 was obtained by *The Journal*. Prepared by Université de Montréal Graduate student and consultant archaeologist Alex Lefrançois-Leduc who specializes in dendroarchaeology, the study of vegetation and structural remains using tree-ring dating, the report looks at the geological history of the area, historical and archaeological framework, and aboriginal occupation.

The report concludes by recommending the complete preservation of the area to ensure the protection of any archaeological heritage due to the qualities of its landscape and inherent culture. It continues, "In the event that woodlot preservation is not an option chosen by the promoter, the municipality, and the Ministry of Culture and Communications, we recommend carrying out an archaeological inventory of the area prior to development."

When asked for her comments on Lefrançois-Leduc's archeological study, Mayor Deschênes replied, "No comment about anything. I think that we've done everything we had to and it will follow its course."

### Grassroots groups mobilizing

Martin Legault from the group Mouvement d'action régional en environnement (MARE) had only 36 hours



PHOTO BY CARMEN MARIE FABIO

Notre-Dame-de-l'Île-Perrot residents and supporters were not deterred by the cold Valentine's Day weather as roughly 100 people arrived to protest tree cutting for a housing development on 64<sup>th</sup> Avenue.

to mobilize a large group of members who came from a range between Saint-Zotique and Laval to offer their support for the movement. MARE's objective is, "...to support citizens and organizations in their environmental projects, currently in the Vaudreuil-Soulanges-Valleyfield region, but also, in the future, in other regions. These projects can be of a political, social, technical or other nature and take extremely varied forms."

In two short years, the group has grown to over 200 members and sup-

ports citizens who find themselves alone and discouraged in their environmental battles, often against entities with deep pockets.

"Rather than reinvent the wheel each time, we're here as a group to help them out," said Legault. Through their network, they've been able to join forces with Pincourt Vert, whose members were instrumental in saving Rousseau Forest and were also in attendance at the NDIP protest.

Continued on page 13



PHOTO BY CARMEN MARIE FABIO

Members from environmental groups Extinction Rebellion, Pincourt Vert, the Quebec Green Party, and MARE (Mouvement d'action régional en environnement) were all on hand to lend their support to the area residents in their protest.



## IMPORTANT ESTATE SALE

### 265 MAIN ROAD, HUDSON

Friday, February 19<sup>th</sup>  
Saturday, February 20<sup>th</sup> &  
Sunday, February 21<sup>st</sup>

From 10AM to 5PM

**514-993-2286**

**Cash Only.**  
**Mask mandatory**

# Strong-armed and bulldozed

There's a distinct green hue to many of the stories in this week's edition and it's no surprise. Population growth coupled with rising awareness and activism on climate change is pitting neighbours against neighbours, residents against elected officials, and the tension is palpable.

We know that the Vaudreuil-Soulanges region is rapidly expanding and that it's a seller's market when it comes to real estate. People have to live somewhere, right? But we're also becoming increasingly aware of the detrimental effects of deforestation, building on wetlands, and the effects of extreme weather due to global warming.

The devil is in the details of reconciling the two realities.

Small towns want to keep their green spaces and small-town charm but need taxation revenue which, without an industrial sector, comes from the very residents who moved there for the small town experience.

In an attempt to maintain a canopy and preserve green spaces, some property owners in the region see their land investments become devalued in light of zoning changes. In either case, it can't be considered a compromise if one party is strong-armed and bulldozed – literally and metaphorically – by the other.

Thanks to easy and rapid access to communication technology, not only are we more aware of the fragility of our climate, but we're better able to mobilize. And it's no longer just a few disgruntled NIMBYs – it's our neighbours near and far who share the same environmental concerns and it's our kids who have inherited the unenviable and gargantuan task of having to clean up the mess that years of blind eyes and bad decisions have left.

The battle for the 17-house development in NDIP may not be won by the area residents who dutifully paid their taxes for years for the privilege of living in a peaceful and clean area. And while the landowner had the right to sell his property, the elected officials had an obligation to act with all the residents' interests at heart.



PHOTO BY TINA ROSE

Our Photo of the Week contest rolls on. We had such a high volume of participation last year and are pleased to continue the tradition. This stunning sunset in Coteau-du-Lac was captured by Vaudreuil-Dorion resident Tina Rose. Following the same format as last year, photos will not be limited to the Vaudreuil-Soulanges region and we will be offering three prizes at the end of the year - \$200 for first place, \$100 for second, and \$50 for third. Interested? Send your entries to [editor@yourlocaljournal.ca](mailto:editor@yourlocaljournal.ca). We will showcase all submissions on our website at [www.yourlocaljournal.ca/photo-of-the-week](http://www.yourlocaljournal.ca/photo-of-the-week).

## Dear Editor: [editor@yourlocaljournal.ca](mailto:editor@yourlocaljournal.ca)

### NDIP council ignores its citizens

Dear Editor,

It was quite a revelation that *The Journal* brought to light last week – namely the discovery of five major housing developments on the territory of Notre-Dame-de-l'Île-Perrot (NDIP) slated for 2021, two of which are being built in old growth forests. These two projects will require the destruction of roughly 50 per cent of the trees living there. This also means the destruction of wildlife habitats leading to the death or displacement of numerous species of plants and animals.

Given the growing environmental concerns of most citizens in the developed world and judging by numerous surveys, it comes as a surprise that such construction projects were given approval by NDIP council without public consultation.

The recent experience of Pincoirt residents who rallied tirelessly to save the Rousseau Forest from development should have served as the impetus for our mayor and council to seek their constituents' input and approval.

As a resident of NDIP for more than 25 years, I still remember from several town administrations ago the declaration of a moratorium on major housing developments as well as the rejection of the proposed Île-Perrot agglomeration – all that due to the outcry of citizens concerned about the rampant development along Saint-Joseph Boulevard. And the rejection of the agglomeration our town justified stating that the magic and charm of our territory needed to be preserved, namely the abundance of undeveloped green space.

The lack of transparency by our council galls me the most. Certainly, years ago, development like this would have been heralded by the town as a boost to its coffers and a vote of confidence for our milieu.

This time, the projects were quietly approved. One is left with the impression that council was fully aware of the expected controversy. The reaction of Mayor Danie Deschênes was typical – all information could be found on the NDIP website; it's up

to the citizens to be informed; it's privately-owned land and the owners have a right to develop. There is no bold statement about what are considerably major developments, one at 15 units and another of 18 units.

How should we, as residents, inform ourselves? It's not exactly advertised on the front page of the website. As a citizen, I try to remain informed. I receive the newsletter email as well as the 'What's New?' publication by post. I used to read the public notices in both *The Journal* and the local French community newspaper but these seem to have disappeared.

When a house is slated for demolition, the town erects a sign on the property informing the citizenry, ostensibly, to allow for protest against the proposed demolition. Why was this not done for the proposed demolition of our forests?

The notion that all private landowners have a right to develop their property may seem fair at first glance. However, my understanding is that the majority of land in NDIP is privately owned. Where do we draw the line?

I know several wood lot owners in NDIP, one who expressed the desire to preserve his property as green space if the town and citizens were willing to buy it.

Which leads me to the pertinent question – why didn't the NDIP council offer to buy the properties? Pincoirt residents democratically decided the purchase of Rousseau Forest was worth the tax increase. Why didn't our council extend the same courtesy? I'm not a rich man by local standards but I recognize that the human species needs to make the sacrifices required to preserve the very planet that sustains us.

I would accept a rise in my municipal taxes if it meant the preservation of such beautiful and necessary biodiversity.

Some may argue, "What are a few trees? We have so many anyway."

*Continued on page 8*

## The Journal

**PUBLISHER:** MONIQUE BISSONNETTE  
**EDITOR:** CARMEN MARIE FABIO  
**JOURNALIST:** JOHN JANTAK  
**STAFF WRITER:** NICK ZACHARIAS  
**COLUMNISTS:** BRIAN GALLAGHER  
 KELLY MIYAMOTO  
 MATT MILLER  
**GENERAL MANAGER:** LAUREN MITCHELL  
**ARTISTIC DIRECTOR:** SABREENA MOHAMED  
**SALES COORDINATOR:** KAREN SIMMONS  
**ADVERTISING CONSULTANT:** LUCIE BRODEUR  
**CONTRIBUTORS:** JULES-PIERRE MALARTRE  
 TERRY O'SHAUGHNESSY  
 CJ MAXWELL  
**DELIVERY TEAM:** BETH SHILLIBER  
 KYLE SHILLIBER

THE JOURNAL SUPPORTS YOUR COMMUNITY AND IS LOCALLY PRODUCED IN ITS ENTIRETY BY YOUR NEIGHBOURS.

3100 Route Harwood, Suite 201, Vaudreuil-Dorion (QC) J7V 8P2  
 Tel: (450) 510-4007 • Fax: (450) 455-9769  
 email: [admin@yourlocaljournal.ca](mailto:admin@yourlocaljournal.ca) / [editor@yourlocaljournal.ca](mailto:editor@yourlocaljournal.ca)  
[www.yourlocaljournal.ca](http://www.yourlocaljournal.ca)

TheJournalYLJ

# Saint-Lazare landowners willing to sell their land to the city for fair market value

John Jantak

The Journal

The prospect of having their land expropriated to become a part of Saint-Lazare's green space conservation plan without any sort of financial compensation being offered by the city prompted Roger Caristo and his wife Juanita Croft to reach out to *The Journal* to talk about their predicament.

The couple first raised the issue with the city during the latest council session which was live-streamed on February 9 but were disappointed with the responses they received regarding their plight from the councillors and Pro-Mayor Geneviève Lachance who chaired the meeting.

## Investment purchase

Caristo and Croft bought a 32,000 square-foot lot on Sandmere Road about eight years ago as an investment assuming they would eventually be able to build a house on it for their son. Caristo said other people own several lots and some people have been landowners for 50 years.

They aren't opposed to the city's

initiative to expand its green canopy or to protect land for its aquifer system. They feel they should be compensated for the current value of the land if the city requires it. "We were told no purchases will be made and we can't get permits to build on it. What are our options here?" asked Caristo.

"Everyone is sensitive about climate change and I don't think anyone in their right mind is against saving forests. It's just that it's being done at our cost which is a little bit much for us," said Croft.

## Land would be worthless

If the land does eventually become a part of Saint-Lazare's green canopy then their land and investment would be rendered worthless, according to Croft. "We will get zero enjoyment out of it unless we want to sit there in a chair and feed the birds or something. The land value will go to nothing," she said.

"Since the council is so adamant about saving the land because of the aquifer recharging zone and everything else that we have, I wanted to propose to the councillors since we

have the land for sale, I would sell it to any of them to save Saint-Lazare's water for \$300,000 which is what the market value of the land is for 32,000 square feet, roughly \$10 a square foot," said Caristo.

"We're talking big dollars and we only have one lot. Some people have eight lots and the city is toying with this like it's not important. If they really want to save what it is they're saving, and we're not against it, then come up with the money for what the market value is for the land," added Caristo.

## Disguised expropriation

Croft said they're willing to work with council to find alternatives that will allow them to use their land including limiting the number of trees that would be cut for a new house on their lot. She views the city's intentions to acquire their and other homeowner's land as a disguised expropriation.

"If we can't do anything with it and they're going to save water for the citizens, the city is going to be doing it at our expense," said Caristo. "They're not even offering to buy the land from



PHOTO BY JOHN JANTAK

Saint-Lazare residents Roger Caristo and Juanita Croft said if the city requires their land for the preservation of additional green space and for its aquifer system it should be purchased at fair market value.

us. They're just asking us to preserve it as deep forest land."

Mayor Robert Grimaudo declined to comment on the matter until further review of the file.

## For a career... O'Sullivan College

**DCS programs**



**PROGRAM STARTS August 23<sup>rd</sup>, 2021**

**DCS 3 years**

**PARALEGAL TECHNOLOGY**

Study the different areas of law that will prepare you for a career in criminal law, corporate law, civil law, family law, immigration law, notarial law, litigation, a bailiff's office or for admission in Law at university.

**EXCLUSIVE PROGRAM OFFERED IN QUÉBEC!**

**PROGRAM STARTS August 23<sup>rd</sup>, 2021**



**DCS 5 semesters**

**ACCELERATED PARALEGAL TECHNOLOGY**

If you have already completed your general education courses, this five semester program is for you! You will concentrate on law classes that will prepare you for a career in the legal field.

**EXCLUSIVE PROGRAM OFFERED IN QUÉBEC!**

**PROGRAM STARTS August 23<sup>rd</sup>, 2021**



**DCS 3 years**

**MEDICAL RECORDS**

This program is designed to train students with the techniques required in health information management. Emphasis during the program will be on medical records techniques, medical terminology, anatomy and physiology, medical coding and computerization.

**EXCLUSIVE PROGRAM OFFERED IN QUÉBEC!**

- Internships included in all programs
- Excellent placement service
- Financial aid available
- Downtown location



## O'Sullivan College

of Montreal

1191 De la Montagne Street  
Montreal (Qc)

**514.866.4622**

[www.osullivan.edu](http://www.osullivan.edu)

## Register now!

**Programs start August 23<sup>rd</sup>, 2021**

CARMEN MARIE FABIO

# Mask-haps



If we had known a year ago some of the issues our future selves would be dealing with on a daily basis, we probably wouldn't have believed it.

Following the arrows taped to the floors in grocery stores, dealing with fogged up glasses from your facemask, trying to stay two metres away from people in a social structure that was originally designed to accommodate

the maximum number of consumers at a time...

We're adapting, albeit sometimes with a steep learning curve, but humans are creative creatures by nature and we're navigating the new demands on our daily routines with our usual aplomb.

An American surgeon recently tweeted a simple but useful hack to prevent your glasses from going opaque due to your exhalations – simply put a Band-Aid, halfway on part of the mask and the other half covering the bridge of your nose, forming a tight seal. Brilliant.

My kids are part of the Extinction Rebellion environmental movement and have told me that during any protest there are people who walk through the crowd holding pool noodles horizontally as a gentle reminder to participants to maintain the proper distance from each other. Also brilliant.

We're dealing with mask-induced acne (aka mascne), skin issues from so much handwashing and alcohol based sanitizers (aka cut-finders), and even mask-hair for the cowlick that arises from masks that tie at the back of the head. Single use latex gloves can cause multiple skin problems and take a look around the next parking lot you find yourself in – chances are you'll see a number of disposable masks and gloves tossed by cretins too lazy to dispose of them in a proper manner.

This past weekend while attending a protest on quite a cold day, I discovered a new and previously not encountered downfall of wearing a mask. While interviewing a lovely young woman, I noticed her mascara was starting to smudge. Now this is tricky – if it happens to someone I know that I see a smudge, a leaf of spinach wedged in their teeth, or a piece of toilet paper stuck to the bottom of their shoe, I'll generally let them know. But I had just met this person so I opted not to say anything.

Over the course of the next two hours, I spoke with many people and noticed all manner of issues befalling mask-wearers in frigid temperatures – masks were beginning to ice up from wearers' exhalations and even eyelashes and eyebrows were beginning to show a buildup of frost due to condensation seeping up from the top of the mask.

Once the crowds had dissipated, my hubby and kids chose to walk home, and all the television news crews had left the scene, I headed back to my car. As I removed my hat, gloves, and mask and rediscovered all the fresh cuts in my hands thanks to a shot of Purrelle, I caught a glimpse of myself in the mirror.

I'm now really wishing I'd told that nice young woman that her mascara was beginning to smudge because maybe then she would have reciprocated the favour.

Not only did I have dark crescents under my eyes, the smudging had extended to the upper eyelids leaving me looking like an undignified raccoon. A maskoon.

So, to everyone I know who'll be spending time outside in cold weather in the socially-distanced presence of others, consider this a public service announcement – be sure you apply waterproof mascara.

You're welcome.



PHOTO BY JOHN JANTAK

Vaudreuil-Dorion will carry out work in the spring to restore the two chimneys at the Maison Valois on Saint-Charles Avenue. The 225-year-old structure is one of the main historic points of interest in the town.

## Vaudreuil-Dorion will proceed with restoration work at the Maison-Valois

### City will provide financial aid to homeowners with foundation problems

John Jantak

*The Journal*

The City of Vaudreuil-Dorion has put in a request for financial assistance to help fund work required to repair the chimneys at the historic Maison-Valois, it was announced at the Monday evening council meeting on February 15.

For Mayor Guy Pilon, the work is an important undertaking meant to preserve the recognized heritage site located at Parc de la Maison-Valois on Saint-Charles Avenue. The city has already requested financial assistance from the provincial Ministry of Culture and Communications for help to defray the cost of the work for the project.

"We don't have any choice. We have a problem with the chimneys. There's some water coming into the house and they need to be repaired. We need help for this part of the restoration project which is why we asked the ministry to help us," Mayor Guy Pilon told *The Journal*.

"With the ministry we invested almost \$400,000 a few years ago to repair the roof and everything. Now we have another little problem and have to repair the chimneys," he added.

Restoration work will begin as soon as weather conditions allow which will probably be sometime in May, according to Pilon. The Maison-Valois was built in 1796 and is one of the main historic points of interest in Vaudreuil-Dorion.

#### Foundation repair assistance

Residents who have issues with

their foundations will be able to receive financial assistance to help defray the cost of repair work.

"We are going to put in \$60,000 into this program which will be our part and some of the other money will come from the Société d'habitation Québec. We're telling them we're putting the money aside to continue the financial aid program to help our citizens who want to take advantage of the funding that is available to them," said Pilon.

The mayor said foundation problems aren't a big issue in the city but there are some homeowners who have issues that require the city's assistance. "It's not a big problem. There are many houses that may have a little crack because the land is comprised of clay but there are some houses that have bigger problems and this is who we want to help. Every year we have about two or three requests for help," said Pilon.

#### Riverbank stabilization

The city is beginning its preliminary work to proceed with its plan to stabilize a small portion of the banks of the Quinchien River at Place Charlemagne to help keep nearby Hydro Québec poles in place.

"The Hydro poles are slowly sliding into the river," said Pilon. "We're going to check first to see if the erosion of the land has stopped and then we will decide how to proceed. The government asked us to provide an environmental report by a specialist. We want to make sure the solution for this problem is the best way to move ahead."

# New bike path extension planned in Sainte-Anne-de-Bellevue north

## Council calls for hunting ban

John Jantak

The Journal

Outdoor enthusiasts in Sainte-Anne-de-Bellevue, especially cyclists, will eventually be able to enjoy longer ventures as the city announced it plans to extend its bicycle path network in the north sector eastward into neighbouring Kirkland.

Details of the extension were announced at the monthly council meeting on February 8. The city granted a private contract to devise its preliminary plans which will include pre-project plant and wildlife studies. The multi-functional path is planned to run along Rue Grenier, between Rue D'Aoust and de L'Anse-à-l'Orme, along the easement of the Hydro-Québec power line.

"It's a bike path we've wanted that has been on the books and in the planning stage for at least the past 10 years," Mayor Paola Hawa told *The Journal*. "Bike paths are under the authority of the agglomeration. It is the one specifically that goes from D'Aoust, under the hydro wires, all the way to L'Anse-à-l'Orme and into Kirkland."

### Long-awaited project

"It's an expensive bike path that will go through a nature reserve so there are a lot of restrictions on what can be done," said Hawa. "It's been a long time coming and, finally this year, Montreal agreed to allow us to manage and oversee the project. We will submit our expenses to them and they will reimburse us. We're looking at a \$1.2 million investment just for the bike path."

The mayor said she's delighted the city has been granted the right to oversee the project. "It makes a lot more sense to do it this way because it's our territory and we know it a lot better than anybody else does. This project has been long-awaited by the citizens of Ste. Anne's and for the citizens of Kirkland," she said.

The only other way for residents to have bicycle access into Kirkland is by biking along Chemin Sainte-Marie, a narrow two-lane roadway which is dangerous for cyclists to use. "It's not really safe," said Hawa. "There's a lot of traffic on that road. This way the path will travel under the hydro wires safely while enjoying nature. I'm ecstatic about that."

### Calls for a hunting ban

Council also adopted a motion at the council meeting calling on the provincial government to prohibit hunting in Ste. Anne's and throughout the Island of Montreal. Mayor Hawa and most of the councillors voted in favour of adopting the motion. District 3 Councillor Francis Juneau voted against it. It's a safety issue

for Hawa who's concerned about stray bullets hitting houses or people.

"Basically, hunting is legal in Montreal," said Hawa. "I've been working for 10 years trying to get that law changed and trying to get the island of Montreal excluded from the provincial hunting zone 8 North. Finally, Montreal and our sister cities on the West Island are with me and support my cause. Every city including the agglomeration is adopting a by-law to that effect to ask the provincial government to change the law"

"Just last year, 14 deer were killed in L'Anse-à-l'Orme," added Hawa. "Those are from hunters who have permits. That doesn't include the poachers. At least 14 people were out there shooting at deer while kids and families were walking through the nature reserve. That's absolutely insane."



PHOTO BY JOHN JANTAK

Sainte-Anne-de-Bellevue council recently announced that plans are underway to extend its bicycle path trail into the neighbouring municipality of Kirkland.

# ALBI NISSAN VAUDREUIL

From February 2<sup>nd</sup> to March 1<sup>st</sup>  
Awards Season Sales Event

Qualifying customers get a  
**\$500 Trade-Up Bonus\***

on select models when leasing/financing through NCF.



DOUBLECLUTCH.CA

THE ALL-NEW  
**2021 ROGUE**  
REDESIGNED. REDEFINED.

Lease a 2021 Rogue S  
from \$339<sup>+</sup>/month, for 39 months, with \$1,250 down.

It's like paying  
**\$78<sup>\*\*</sup>** /week

Retail value starting at  
**\$30,443**

2021 Rogue - Crossover of the year 2020 according to doubleclutch.ca<sup>†</sup>

\* Nissan received the highest number of awards in the J.D. Power 2020 U.S. Automotive Performance Execution and Layout (APEAL) Study of new vehicle owners' experience with their own vehicle after 90 days of ownership. For J.D. Power 2020 award information, go to [jdpower.com/awards](http://jdpower.com/awards) for more details.

Offer available from February 2 to March 1, 2021. #The lease offers on the 2020 Rogue S FWD are based on a maximum of 20,000 km/year (total allowance of 65,000 km for 39 months) with excess charged at \$0.10/km. The first monthly payment and the down payment are due at lease inception. RDPRM registration fees and lien registering agent's fees (up to \$77 total) are extra and due at time of delivery. Licence, registration, insurance and applicable taxes are extra and due at inception. \*\*Payments cannot be made on a weekly basis and are shown for information purposes only. †Trade Up Bonus ("Offer") is available only to eligible customers who, no later than 90 days preceding the date of lease/finance of an Eligible New Vehicle (defined below) through Nissan Canada Finance (NCF) on approved credit, are the owner or lessee of a 2010 or newer competitor brand vehicle (an "Existing Vehicle"). Eligibility for the Offer will be determined by Nissan Canada Inc. ("NCF") in its sole discretion. Proof of current ownership/lease of an Existing Vehicle will be required. Offer is not transferrable or assignable, except to the current owner's spouse or a co-owner/co-lease of the Existing Vehicle (either of whom must reside within the same residential household as the eligible customer). Individuals who purchased/leased a vehicle under a business name can qualify for the program provided that they are not a fleet client and that they can provide valid documentation confirming they are the registered primary owner of the business. If the eligible customer elects to lease or finance a new and previously unregistered model year (2020 Sentra/2020 Altima/2020 Maxima/2020 KICKS/2020 Qashqai/2020 Rogue/2020 Murano/2020 Pathfinder/2020 Armada/2020 Frontier/2020 TITAN/2021 Versa) vehicle (excluding NV, fleet and daily rentals) (an "Eligible New Vehicle") through NCF, then he/she will receive a \$500 NCF Trade Up Bonus. Trade-Up Bonus will be applied after taxes. Offer is combinable with other NCF incentives, but is not combinable with the Nissan Loyalty program. Offer valid on vehicles leased/financed through NCF and delivered between February 2 and March 1, 2021. †Online purchases and leasing only available at participating Quebec Nissan dealers. Please contact your participating dealer for full details. #The whole Double Clutch team votes and considers all aspects of the vehicle such as powertrain, efficiency, security, comfort and convenience features and value through a road test. Offers are available on approved credit through NCF for a limited time. Offers subject to change, continuation or cancellation without notice.

BRIAN GALLAGHER

# The Bard would be proud of my family



PHOTO BY STEVE GERRARD

Now I'm not one to brag. Never was. Just ask my bestie. But I have to say that I have found another bunch of letters and such from the famous Louisbourg Tucker sisters and I feel I have to share this one with you, my dear readers. Besides, aren't you tired of hearing me blather on and on about me? I know I am. Besides, my elders were funny and talented folk!

The letter I found was one from my Aunt Ethel in Louisbourg who wrote to my mother regularly and religiously. I think the Tucker sisters put Mrs. Canada Post's three children through university with the

amount of mail flying about between provinces. This particular letter had a couple of poems in it. One of which I want to share with you since I find it more apropos now than when I first read it years ago. And if you could only picture my poor Aunt Ethel. After getting out of bed and getting all "gussied up" she would spend most of the day sitting at the far end of the kitchen table from Aunt Millie's spot at the counter – drinking tea, playing cards, or writing letters. You see, she could hardly walk and was as deaf as a doorpost (as are all the sisters) so writing was their way of talking back and forth across the table unless they felt like screeching at each other that is. And if they were in the mood to 'chat' well then... if you feared for your eardrums or sanity – duck and run. But with all their aches and ailments, the Tucker girls were pretty darned funny and a hoot to be around. So here is Ethel's ode to old age. She must have been north of 80 when my Mom got this.

Old age is hell – by Ethel Tucker

The body is stiff, you get cramps in the legs

Corns on your feet, as big as hen's eggs

Gas in your stomach, elimination is poor

You take Ex-lax at night, but then you're not sure!

You soak in the tub, or your body will smell

I have to say folks, old age is hell!

Hair falling out, all over the floor

Your teeth are decaying, your eyesight is poor

Sex life is gone, it's a thing of the past

Don't kid yourself friend, even THAT doesn't last

Can't go to parties, don't dance anymore

Just to put things mildly, you're a hell of a bore

Liquor is out, you can't take the chance

Your bladder is weak, might pee in your pants

Nothing to plan for, nothing to expect

Just for when the mailman comes, with your security cheque

Now make sure your affairs are in order, and your will's made out right

Or on the way to the graveyard, there'll be a hell of a fight

But you feel pretty good, and you look pretty well

You thank God you're alive, but old age is hell!

What did I tell you? A masterpiece, n'est-ce pas mes ami(e)s? I'm glad you enjoyed it beautiful people, but it isn't the *only* new performance I am bringing you this week. Here are a few new music releases from local artists for you to check out:

\*\*\*\*\*

The Better Half acoustic duo will be releasing their new single 'Kicking Sand' which might be their strongest song to date. Really good stuff. It is available as of February 26. Check out all their music on their Bandcamp page: [thebetterhalf1.bandcamp.com/](http://thebetterhalf1.bandcamp.com/)

\*\*\*\*\*

Local rockabilly guitarist and singer Matt Rock has just released his new single 'Born to play the rock n' roll' – you can grab it from his Distrokid website: [distrokid.com/hyperfollow/mattrock1/born-to-play-the-rock-n-roll](http://distrokid.com/hyperfollow/mattrock1/born-to-play-the-rock-n-roll)

\*\*\*\*\*

Yours truly has a new single coming out on February 20 as well. I will be releasing my new song 'Company Man' which you can find on my Bandcamp page and all streaming services as of Saturday: [gallagherofficial@bandcamp.com](mailto:gallagherofficial@bandcamp.com)

\*\*\*\*\*

Stay safe, stay warm, stay home, stay close to those you hold dear and watch out for those nasty ol' bunions and corns... From Crooked Tree Corner here in Shangri-la - Sociable!

## Letters

Continued from page 4

That way of thinking leads to death by 1,000 cuts. When you're down to your last tree, what do you say then?

I would like for the NDIP elected representatives, who only two years ago released a 21-page tree policy titled 'Politique de l'arbre pour une ville qui respire,' to practice what they preach. It's time to walk the walk and lead by example.

**Martin Roloff**

**Notre-Dame-de-l'Île-Perrot**

**'Little more than theft'**

**Dear Editor,**

I would like to thank *The Journal* and John Jantak for bringing the Saint-Lazare article to light (Review of Saint-Lazare environmental protection map raises concerns and questions, *The Journal*, February 11).

I am a property owner on one of the affected streets in Saint-Lazare. I purchased this property in 1985 with the intent to build my first home for my young family. I spent many hours creating the drawings and making sure they met the city's building code. Then 1986 when I applied for a building permit I was told that the city was not issuing permits on my street. I was very discouraged and have since moved out of the province due to work but always hoped that my investment would eventually assist in my retirement.

You can be sure that this by-law would not be introduced if any of the municipal officers or their relatives owned property on the affected streets. This is nothing more than theft and it affects many families who purchased these properties with the hope to build homes as an investment for their future and their families' future. Frankly I do not trust the municipal government. They have never informed me of any changes or new restrictions on properties in Saint-Lazare. They tend to keep any changes private for their eyes only.

In fact the only information they send out consistently is the tax bills every year. I sincerely hope that Mr. Jantak will continue to monitor this situation and keep the public informed.

**Brad Turner**

**Former Saint-Lazare resident**

**Impacts of By-law 1095**

**Dear Editor,**

As the legal owners of both Sandmere and Oakridge Roads, the last two private roads in Saint-Lazare, we would like to share the history of how we, along with other small landowners, built these roads over 50 years ago. The proposed modification to By-law 1095 by the city of Saint-Lazare not only has an impact on local developers, it also affects our family and many others.

History of Oakridge:

In 1969 at 23 years old, Jim Dodds bought a 60-arpent farm and got 11 friends to buy a section. In their spare

time, they worked to build Oakridge Road on their own and kept chipping in more money for materials etc. along the way. Every weekend the guys got together and cut the trees to clear the road, took the logs to the sawmill, bought the gravel to build the road and had it spread. This took them a couple of years as they only had time to work on it on weekends. It was a very large undertaking but we were all so proud of ourselves at our accomplishment and our investment for our future.

History of Sandmere:

In 1972 Jim Dodds bought another 60-arpent farm and got 10 people to buy a section and once again they cut the trees and worked hard to get the road built. Jim bought a dump truck, a bulldozer, and an excavator to build the road. I can remember many times walking from my home on Pine Tree to Sandmere with a baby on my back to get some kind of message to Jim as there were no cell phones back then. Many summers were devoted to these projects and my daughters would often ask, "Where's daddy?" ...oh yes he's on the land.

Now in our mid-70s, our retirement funds are in great jeopardy with the proposed changes to By-law 1095. Built with our blood, sweat, and tears and having paid \$100K in property taxes on this land, we are now faced with the possibility of losing it all. What if this was to happen to you?

The councillors need to re-examine their logic behind their decision to stop development on two roads that have existed already for 45 years, are serviced, and have homes built on them already. It is possible to build homes while being mindful of the environment. It is possible to achieve sustainable development.

**Barbara Dodds**

**Saint-Lazare**

**Who's to blame?**

**Dear Editor,**

Why are we, Saint-Lazare, to blame for the residents' property dilemma on Sandmere? They should have built on their land long ago. Why not let them open their own road at their own expense?

Why couldn't it become Sandmere West and the owners of said properties see to bringing it up to regulation and at that point they could all build at their own expense and not to the expense to the municipality? That is what Pine Tree area residents had to do in the 1990s on that and many other roads.

This should never have become a municipality problem and has taken up far too much of Saint-Lazare council's time. It should be up to the corporation to solve this problem. They sold the properties and profited from this and if the new owners did not look into why they could not build, it falls to them.

Do we have so much municipal money that we become responsible for those who have done nothing to rectify this situation?

**Liz Rozon**

**Saint-Lazare**

## The Journal

*Democratically serving the public interest.*

# Appreciation for teachers at Mount Pleasant

Nick Zacharias

The Journal

Teacher appreciation week is a tradition that dates back formally to at least the 1980s, but the spirit of it goes back as far as when the first apple found its way to a teacher's desk in the days of the one-room schoolhouse. It's a way for students and parents to give teachers and staff a pat on the back and to thank them for all their hard work. Elsewhere it commonly comes in the month of May, but around here it's usually celebrated in February, when many would say a little boost is needed the most. This year, more than ever, teachers have faced incredible challenges and the Home and School Association for Mount Pleasant Elementary School in Hudson stepped up to show how much they are appreciated.

## Wanted something special

"We really wanted to do something special because it's been such a difficult year" said Cristina Capela, president of the Home and School Association. The only problem, she said, was that COVID-19 restrictions made it hard to do anything at all.

"The thing is parents aren't supposed to come into the school because of all the protocols, which makes it kind of difficult," reported Capela. Normally parents will pitch in to do a lot of baking and food preparation but this year they had to change gears and find a way to celebrate teachers and staff without

crowding into the school to set things up.

Said Capela, "We decided to raise money to order lunches for them from LeBaron Catering Co. in Hudson, and parents donated chocolates and candy and bottles of wine. But the big thing was the posters – whole families participated and did up all these wonderful posters to thank the teachers for all they've done, and we were able to have just two volunteers waiting to collect them as parents dropped them off – they got them hung all along the fence at the front of the school for the teachers to see."

## Well received

Jane Malone, who teaches Grade 6 at Mount Pleasant, said the teachers thought all of it was wonderful. "We didn't really expect they'd be able to do anything but all week we had treats and coffee and they managed to cater in these individually packaged lunches for everybody so it was all done without needing a lot of contact. They also gave us gift cards for Mikko espresso & boutique – because teachers love coffee – so it's great for us and they're supporting local at the same time."

But the highlight for her was the posters.

"We showed up for work one day and just thought, 'What is that?!' It was so touching. You could see some of them were 100 per cent made by students, and others the whole family got involved to say thanks. They were all



PHOTO BY GENEVIÈVE BAGDIAN

Teacher and staff appreciation week looked a little different this year due to the pandemic but the sentiment was clearly expressed by students and their families at Mount Pleasant Elementary School in Hudson.

amazing. It was just so cute and so nice that they took the time." Malone said the pandemic has made it a tough year for teachers everywhere, and it's great to feel appreciated. "We know, but it's nice to hear." The love from the students and their parents made the message loud and clear. Said Malone, "It's really something special. It just goes to prove what I always say, Mount Pleasant is a small school with a big heart."



PHOTO BY GENEVIÈVE BAGDIAN

Difficult to see in this photo but written on the paper is, 'Our children may be the reason to drink, so please take a bottle.'



PHOTO BY CARMEN MARIE FABIO

Among issues discussed at the monthly Ville de l'Île-Perrot council meeting was the need for decorum and respect in the digital age, concerns over air quality, and plans to go ahead with an exterior aquatic complex.

## L'Île-Perrot council notes

Jules-Pierre Malartre

Special contributor

The Town of L'Île-Perrot held its regular council meeting on Tuesday, February 9 using the Zoom platform to go over its agenda and answer questions from residents.

Mayor Pierre Séguin opened the meeting by stating that the Town of L'Île-Perrot was still under curfew between 8 p.m. and 5 a.m. and stressing the importance of continuing to adhere to COVID-19 sanitary measures. Séguin added

that all municipal services remained available via telephone and email. The Guy Godin municipal library also continues to provide contact-free book-lending services to all residents.

## Commitment to democracy and respect

The council opened the meeting with the proposal of a declaration of commitment to democracy and respect for the Union des municipalités du Québec. Mayor Séguin took time to read the short declaration, which states that the polarization of public opinion in tradi-

tional media – and particularly in social media – has given rise to an increase in aggressive statements and acts of intimidation committed against elected municipal officials. The declaration goes on to say that the problem has only increased since the beginning of the pandemic. The municipal council, by adopting the declaration, aims to adhere to the theme of, "democracy with respect, out of respect for democracy." The declaration was adopted unanimously.

## Smog and wood-burning

"What can the town do to address the smog problem in our beautiful city of L'Île-Perrot?" resident Jennifer Kazel asked. Kazel brought up the issue of smog which she feels has increased dramatically since she first moved to the island. She alleges that smog warnings are being issued much more frequently, and she feels that wood-burning stoves and fireplaces, especially in winter, contribute significantly to the problem.

Kazel brought up the sign in Park Boischatel that says, "Mon espace sans fumée" (My smoke-free space), yet she said she notices a lot of smoke coming from wood-burning stoves when she takes her children to that park. "I sent you an email a few months ago, which included some information from Environment Canada regarding wood-burning and the fight against climate warming." Kazel added that wood-burning contributes 42.7 per cent to smog in residential areas.

Mayor Séguin said he was not familiar with the city's by-law regarding wood-burning, but that some residents did use wood-burning stoves and fireplaces. Kazel added she had looked up the by-laws and that wood-burning equipment was only prohibited in new construction projects. She suggested that, to alleviate smog, the city considers a by-law that would prohibit all wood-burning during a smog warning. Mayor Séguin said that the council would look into the issue and evaluate if there is a need for stricter by-laws.

## Exterior aquatic complex go-ahead

On February 2, the Town of L'Île-Perrot issued a statement saying it aims to go forward with its exterior aquatic complex, despite its request for funding from the Canadian and Quebec governments being rejected. Mayor Séguin said the town was disappointed to be refused, but that they were ready for any eventuality.

When asked by *The Journal* how much of the total cost would have been covered by the \$1.9 million request for funding, Séguin replied that the council had already presented a global loan by-law to the residents. "We requested a loan to the amount of \$3.6 million," Séguin answered. "We made the loan assuming we wouldn't get any funding." He added that residents can expect an additional tax payment of less than \$30 per year.

# We all want to know more about COVID-19 vaccination



COVID-19 vaccination in Québec began in December 2020 as part of a massive effort to prevent serious complications and deaths related to COVID-19, and stop the virus from spreading. Through vaccination, we hope to protect our healthcare system and allow things to return to normal.

## A VACCINATION OVERVIEW

### Why get vaccinated at all?

There are many reasons to get vaccinated (all of them good), including protecting ourselves from health complications and the dangers stemming from infectious diseases, as well as making sure they don't resurface.

### How effective is vaccination?

Vaccination is one of medicine's greatest success stories and the cornerstone of an efficient healthcare system. That said, as with any medication, no vaccine is 100% effective. The efficacy of a vaccine depends on several factors, including:

- The age of the person being vaccinated
- Their physical condition and/or state of health, such as a weakened immune system

## THE IMPACT OF VACCINES AT A GLANCE



- The World Health Organization (WHO) estimates that vaccination helps **prevent over 2 million deaths** every year, worldwide.
- Since the introduction of vaccination programs in Canada in 1920, **polio has been wiped out** across the country and several other illnesses (such as **diphtheria**, **tetanus** and **rubella**) have virtually disappeared.
- **Smallpox** has been **eradicated** throughout the world.
- The main bacteria responsible for **bacterial meningitis** in children—*Haemophilus influenzae* type B—has become **much rarer**.
- **Hepatitis B** has for all intents and purposes **disappeared** in young people, due to their having been vaccinated in childhood.

## COVID-19 VACCINES

### Are the vaccines safe?

**Definitely.** COVID-19 vaccines have been tested for quality and efficacy on a large scale and passed all necessary analysis before being approved for public use.

All required steps in the vaccine approval process were stringently followed, some simultaneously, which explains why the process went so fast. Health Canada always conducts an extensive investigation of vaccines before approving and releasing them, paying particular attention to evaluating their safety and efficacy.

### Who should be vaccinated against COVID-19?

We aim to vaccinate the entire population against COVID-19. However, stocks are limited for now, which is why people from groups with a higher risk of developing complications if they are infected will be vaccinated first.

### Can we stop applying sanitary measures once the vaccine has been administered?

**No.** Several months will have to go by before a sufficient percentage of the population is vaccinated and protected. The beginning of the vaccination campaign does not signal the end of the need for health measures. Two-metre physical distancing, wearing a mask or face covering, and frequent hand-washing are all important habits to maintain until the public health authorities say otherwise.

### On what basis are priority groups determined?

The vaccine will first be given to people who are at higher risk of developing complications or dying from COVID-19, in particular vulnerable individuals and people with a significant loss of autonomy who live in a CHSLD, healthcare providers who work with them, people who live in private seniors' homes, and people 70 years of age and older.

As vaccine availability increases in Canada, more groups will be added to the list.

### Order of priority for COVID-19 vaccination

- 1 Vulnerable people and people with a significant loss of autonomy who live in residential and long-term care centres (CHSLDs) or in intermediate and family-type resources (RI-RTFs).
- 2 Workers in the health and social services network who have contact with users.
- 3 Autonomous or semi-autonomous people who live in private seniors' homes (RPAs) or in certain closed residential facilities for older adults.
- 4 Isolated and remote communities.
- 5 Everyone at least 80 years of age.
- 6 People aged 70-79.
- 7 People aged 60-69.
- 8 Adults under the age of 60 with a chronic disease or health issue that increases the risk of complications from COVID-19.
- 9 Adults under the age of 60 with no chronic disease or healthcare issues that increase the risk of complications but who provide essential services and have contact with users.
- 10 Everyone else in the general population at least 16 years of age.

### Can I catch COVID-19 even after I get vaccinated?

The vaccines used can't cause COVID-19 because they don't contain the SARS-CoV-2 virus that's responsible for the disease. However, people who come into contact with the virus in the days leading up to their vaccination or in the 14 days following it could still develop COVID-19.

### Is COVID-19 vaccination mandatory?

**No.** Vaccination is not mandatory here in Québec. However, COVID-19 vaccination is highly recommended.

### Is vaccination free of charge?

The COVID-19 vaccine is **free**. It is only administered under the Québec Immunization Program and is not available from private sources.

### Do I need to be vaccinated if I already had COVID-19?

**YES.** Vaccination is indicated for everyone who was diagnosed with COVID-19 in order to ensure their long-term protection. Nonetheless, given the current limited availability of the vaccine, people that contracted COVID-19 should wait 90 days from when they were diagnosed before being vaccinated.

[Québec.ca/COVIDvaccine](https://quebec.ca/COVIDvaccine)

1 877 644-4545

## MOVIE REVIEW

MATT MILLER

# Movies You Might Have Missed

52 Week challenge edition



**Title:** *Short Term 12* (2013)  
**Directed by:** Destin Daniel Cretton  
**Genre:** Drama  
**Available on:** Amazon Prime, YouTube  
**Weekly Challenge #5** – An early film of a famous actor  
**Brief Synopsis:** Grace, a 20-something staff member at a foster care facility reckons with caring for the teens in her charge, while also struggling to confront her own past.

**Scores:** 98% Rotten Tomatoes

**Review:** Brad. Sandra. Tom. Angelina. Even the hottest of A-Listers were not always on a first name basis with the public. The cliched adage of, “the journey of 1000 miles begins with one step,” rings especially true with actors, who can go from a rejected commercial audition to the red carpet seemingly overnight. There are endless lists compiled online that tell these stories, so it is no wonder that most struggling performers are willing to act in just about anything to earn a living. Unsurprisingly, this leads to a lot of duds. Jennifer Aniston in *Leprechaun*, Leo in *Critters 3*, Charlize Theron and Eva Mendes in *Children of the Corn 3 & 5*, respectively, prove that many of the biggest names must walk before they run. Sometimes, however, the stars (literally) align, and future household names arrive on the scene in a great film. Even rarer still? This week’s challenge and indie gem, *Short Term 12*.

*Short Term 12* is a heavy drama that pulls no punches. It focuses on the young caretakers working in a group facility home who are attempting to help the most at-risk teens. Many of these kids are victims of abuse, abandonment, and self-harm, and for all the calm and support provided by the staff, tension usually bubbles near the surface. The lead supervisor, Grace, also struggles with her own past, and her attempts to help those in her care often bring back painful memories. A strong script that is heightened by deft direction, *Short Term 12* is an excellent example of a character study *en masse*, masterfully investigating multiple characters in a tight, 97-minute, run-time bolstered by an extremely talented cast.

And oh, what a cast! Before we mention the names you’ll be familiar with, let’s start with some you won’t know. Casting directors Kerry Barden, Paul Schnee and Rich Delia, along with director Cretton, deserve a lot of the credit here. On a minimal budget and with most auditions being done over Skype (long before COVID made it hip), it was the coming out party of Brie Larson (*Captain Marvel*), Rami Malek (*Bohemian Rhapsody*), Stephanie Beatriz (*Brooklyn 99*), Kaitlyn Dever (*Booksmart*) and LaKeith Stanfield (*Get Out*). Not a bad day at the office. Using his real-life experience of working in a teen group home, Cretton shines a spotlight on those society is often all too willing to give up on and ignore. It is extremely hard to find the balance between capturing strife and exploiting it, but Cretton finds that balance by tapping into an empathy that permeates the film. Oddly, for all its depressing elements, *Short Term 12* is an optimistic film and leaves the viewer with some faint hope that out in the world, there are people trying to make a positive, altruistic difference to improve people’s lives.

Just like the actors, all some need is a break.

Speaking of big breaks, many of our best directors got theirs with films in another language. Interested to learn more? Stay tuned for next week’s challenge of ‘A Film with Subtitles.’ Grab those reading glasses, and we will see you next week!

Want even more *Movies You Might Have Missed*? Please feel free to send questions, suggestions, comments and feedback to our new email: LocalMYMHM@gmail.com

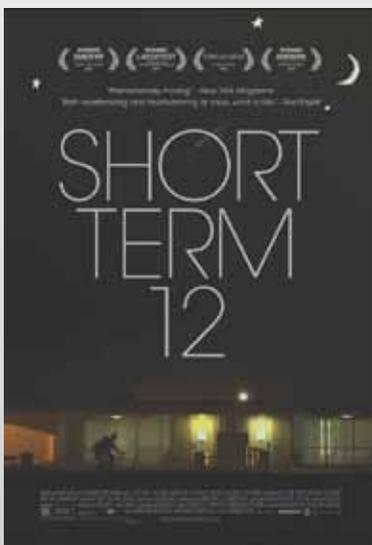


PHOTO COURTESY IMDB.COM

## Up for adoption

Paula, a beautiful, small, shorthaired timid black female cat is ready for a loving home.

The vet estimated her age at about 10 years old and, when she came to us from outside last summer, she was expecting her last litter.

She had five kittens and also nursed an orphan kitten. She was a good mother and is now spayed and vaccinated.

Paula is quite shy with people but she is playful and likes to be in the same room as her foster mom.

She can be independent but will let you pet her while she eats. She is an early riser and will make certain that you are up by 7 a.m.

Paula loves her food and is not fussy. She will still need time to get confident and trust people. She would be happier in a home with no small children.

Since she was raised outside, she



PHOTO COURTESY CASCA

needs a family that can excuse her little flaws (she can sometimes confuse the sofa for her scratch post) as she is a very sweet and gentle girl who loves to sleep on a chair under the table. Paula has waited a long time for a safe loving home.

For more information, please write to us at [cascaवाद्रेuil@outlook.com](mailto:cascaवाद्रेuil@outlook.com)

## Up for adoption

First, she was ready to go, and then she wasn’t. A few days after she arrived with the Nordic Paws Project, Eyelene, a two-year-old Nordic mix, surprised us all with a puppy. Soon, she’ll be finished teaching him everything he needs to know, and she’ll be ready to go to her forever home. She required entropion surgery for an inverted eyelid. She is a people pleaser who would love obedience classes. She gets along with other dogs, but not with cats. If you think this lovely girl could be a wonderful addition to your family, and you have the patience, time, and love she needs, fill out



PHOTO COURTESY ANIMATCH

the form and ask for Eyelene.

For more information on Eyelene or any of the other dogs available for adoption, go to [www.animatch.ca](http://www.animatch.ca)



Submit your photo

## Pets of Vaudreuil-Soulanges



PHOTO BY MONIQUE BISSONNETTE

Welcome to our feature showcasing and celebrating the many companion animals we have in our region.

Meet Charlie, a female 12-week-old Labrador retriever. She’s in training, and already knows how to sit and come on command. She loves going for walks, but most of all loves her stuffed animals.

Charlie is seen here with her owner Julie from Saint-Lazare.

If you’d like us to feature your pet in our weekly section – dog, cat, rabbit, horse, lizard, possum (possum?) etc., send us a photo of you and your pet together, along with a short description, to [editor@yourlocaljournal.ca](mailto:editor@yourlocaljournal.ca).

## Rod L. Hodgson – President

*Special contributor*

We still have a number of T-shirts in various sizes and still at \$25 each and also 10 packs of hasty notes at \$10 for a pack of 10 with envelopes. If you are interested please drop us a line at rcl115@videotron.ca and we can arrange a pick up or delivery time.

Further background on this week's photo from the archives (above), we had planned to build our own Legion building on a piece of land that we owned on Wharf Road, opposite the CPR train station. When we got our current building we promptly sold the land on Wharf Road to the Village of Hudson and it is now used as the snow dump and a storage area. The Hudson Curling Club then merged with the Whitlock Golf Club and they became the Whitlock Golf & Country Club around the same time as they had just built their new clubhouse with four sheets of ice for curling.

Our Volunteer Coordinator Kim Vale has stepped down from her position on the Branch Executive, The position is now open and we hope to fill it in coming months. Kim was a great asset while serving on the Board for the past two-and-a-half years. Luckily Kim will stay on as a member of Branch #115 and plans to help our fellow members during the annual Poppy Campaign and at other events as we all do from time to time. Thank you Kim for volunteering to be a member of the Branch Executive, it was very much appreciated.

If you have a few spare minutes one day give your fellow neighbours, friends and fellow Legionnaires a phone call to see how they are doing especially during this COVID-19 lockdown. A few minutes chatting with those who are shut in, I am sure, will brighten up their day.

Bill Louch has advised us that our members and friends have been very



PHOTO COURTESY ROD HODGSON

Here is another nice old photo from our archives. It shows then Branch President Ron Fuller accepting the keys to our building from then Hudson Curling Club President Gene Hodgson back in 1963. Looking on is Legionnaire Executive Member Morris Magee. We took over our new building and formed the Hudson Legion Curling Club in 1964 and we have been here ever since. Prior to that our Legion was located in the building between the F. Aubry et fils Funeral Home and Habib's Store.

kind with bird seed and monetary donations for our crew that attends to the numerous bird feeders at the Vaudreuil-Soulanges Palliative Care Residence in Hudson. Thus we are okay for the time being. Your donations are very much appreciated.

We still have no idea when we can reopen our Legion hall for our members and guests. That all depends on the Government and the vaccines. We will keep you up to date for sure as things develop. Times have changed and we must all adapt to the new way of life. Stay safe and warm.

*Lest we forget...*

## NDIP

Continued from page 3

"This is our sister city," said Pincourt Vert member Shelagh McNally. "There's no border between the air and the Earth. What happens here affects the whole island."

With the tightening of restrictions on development on the Island of Montreal, McNally said developers see the off-island region as 'easy pickings.'

"We've been told that every piece of green property in residential areas is up for grabs." McNally described it as an outdated mode of thinking, a money-making method from the 1950s. "But it's also the easiest way (for a town) to make money."

Legault says MARE will be present and active for the other upcoming housing development projects slated for NDIP in 2021. "It's not just a municipal issue, he said. "It's a regional issue."

John Jantak contributed to this report. For more information on MARE, consult



PHOTO BY SÉBASTIEN BOISVERT

This Northern flicker is one of the many birds that currently inhabit the patch of land in NDIP known as White Oak Forest – soon to become home to a 17-house development.

[mouvementmare.org/](http://mouvementmare.org/)

To sign the petition on Change.org to protest the White Oak forest development, consult [tinyurl.com/p3oz02vd](http://tinyurl.com/p3oz02vd)

To read the report by Alex Lefrançois-Leduc (in French) see this story on our website, [www.yourlocaljournal.ca](http://www.yourlocaljournal.ca).

## KAREN SIMMONS



Welcome to our advice column featuring The Journal's own Karen Simmons who brings a mix of life experience, common sense, and a loving heart to any situation. Have you got a dating issue? Family problem? Unresolved friendship issues? Just ask Karen.

Send your questions confidentially and anonymously to [karen@yourlocaljournal.ca](mailto:karen@yourlocaljournal.ca)

\*\*\*\*\*

**Dear Karen,**

I'm a 10 year old boy who lives with my mom.

I don't use Facebook but she does. Someone recently told me my mom posts pictures of me of when I was younger.

She thinks they're cute and doesn't see anything wrong with it. I think it's embarrassing and asked her to stop but she says I'm just being silly.

How can I tell her this really bothers me without hurting her feelings?

**Only child**

**Dear Only child,**

Thanks a lot for taking the time to write me. I'm glad that you reached out.

Being a mom myself I know just how proud of you your mom must be which is why she posts the pics to start with. When my daughter was younger I went through the exact same thing with her. I would come across photos of her and post them to FB without speaking to her first and she DID NOT like it! Truth be told, I think that the reason I did it without speaking to her first was because I knew that she was going to tell me not to post them. As my daughter grew older she became less embarrassed about the random photos of her childhood that I would post from time to time, however I too learned that it was always best to ask permission.

That being said it's unfortunate that your mom doesn't seem to be hearing you when you tell her that her posts are embarrassing to you. I would try to sit down with her and talk about it again. Ask her how she would feel if you were to post photos of her that she didn't like? As a mom who seldom likes pictures of myself I'm pretty sure that she'll start to see your point in a different light!

\*\*\*\*\*

**Dear Karen,**

We've been in a pandemic for almost a year now, and yet I still see people in the supermarket with their mask below their nose and sometimes with the top of their mouth showing obviously struggling to breathe. I worry because I don't want to transmit anything to my grandparents. Is it my place to say something to them directly or should I refer them to the store manager?

**Worried**

**Dear worried,**

Wow, this is a tough one and it had me up for the better part of last night thinking about what the appropriate answer to your question might be. As it would happen while I was lying awake and scrolling through TikTok I came across a post which originated in the US. A man came across an entire family shopping and not wearing masks. The man approached the father of the family (quite aggressively) and an argument ensued. While I don't think that this is necessarily the best approach, I do think that as responsible citizens it's our duty to speak out if we feel that our own rights are being disrespected.

If you should find yourself in this position again, I would feel entirely comfortable to approach the person in question and say something along the lines of, "I'm not sure if you're aware but your mask isn't covering your mouth and nose properly." You'll probably find that they will just thank you, adjust their mask and move on. After all, no one really wants to be called out in the middle of a crowded grocery store. If you sense that they are getting defensive or aggressive in any way I would simply walk away and go to speak to a store manager.

Thanks for the question and here's hoping that in a very short amount of time I won't have to be answering questions about mask etiquette!

# Senior life

## Ageing hacks

### How to navigate getting older

C.J. Maxwell

Special contributor

The loss of one's home, ability to drive and exercise their autonomy, and losing a partner are only some of the things that seniors face but one of the biggest challenges the greying population faces is losing the sense of identity they've spent their lives building through their jobs, families, and place in society.

Meeting seniors' needs goes well beyond merely supplying food and shelter – in order to help them feel they belong to a community, their respective communities – whether through autonomous or communal living.

The COVID-19 pandemic has shone a harsh light on the plight of the elderly in some long-term care facilities leading to a renewed interest in seniors maintaining their autonomy for as long as possible.

While we've yet to find the fountain of youth, there are some activities that are proven to help maintain and even sharpen cognitive skills.

The brain is a muscle and like any other muscle in the human body, it needs

to be flexed and exercised on a regular basis.

While regular gym workouts may be a thing of the past for old bodies, moderate physical exercise is beneficial to both body and mind. Walking, swimming, and yoga are all joint-friendly activities that offer a direct boost to the grey matter as well.

If you enjoyed gardening while young and autonomous, there's no reason to give it up as you age. While you may not be harvesting an acre of potatoes, tending to small plants and even herb gardens help foster a sense of purpose, albeit on a smaller, more manageable scale.

Word games and puzzles encourage thinking out of the box and finding creative solutions to mental challenges. Learning new words continues to stimulate the neural pathways. Though the brain loses plasticity as we age, we never stop learning.

Card games and board games (like chess) not only keep the mind engaged, they foster social interaction as well and while the pandemic may be limiting seniors' current social interactions, today's



PHOTO COURTESY SHUTTERSTOCK

**Growing older is not avoidable but keeping the mind and body active will help to mitigate some of the not-so-fun parts of ageing.**

technology supports a number of online communities offering everything from Bridge to Scrabble to Mahjong.

Keeping one's hands busy can relieve stress and even help with age-induced physical issues like arthritis while keeping the mind distracted from slipping into psychologically negative states of mind. Knitting, crocheting, and even macramé are fairly easy to learn and the satisfaction attained from producing something helps bolster confidence and self-esteem. The same can be said for artwork. Don't worry if you feel you can't draw – artwork can be created with so many different media there's something for every interest and skill level.

Don't discount the power of reading. In a hyper-connected world with access

to round-the-clock information, a good book has the power to calm your mind. Words on the printed page are easier on the eyes than electronic screens and studies have shown reading before bedtime can lead to a better night's sleep. Plus – no pop-up ads or click-bait!

Never underestimate the power of music – either created or just enjoyed, music taps into a part of the brain that can reduce stress and regulate negative emotions. Music promotes relaxation and can provide social cohesion by forging a collective interest in a group.

Ageing is, unfortunately, not optional. But the manner in which we, and our families, approach the notion of getting older dictates how the experience will be for all of us.

## THE FACE OF...

... Charm



### GOLD SQUAD: THE FACE OF SENIOR CARE



Companionship & comfort for seniors at home: safety, hygiene, mental & physical exercise, personal care, memory care, palliative care. Peace of mind for loved ones; a trained, dedicated team.

## Gold Squad

FAMILY & FRIENDS CARING FOR FAMILY & FRIENDS

Call us just to chat today  
gold-squad.com | 514-967-8694



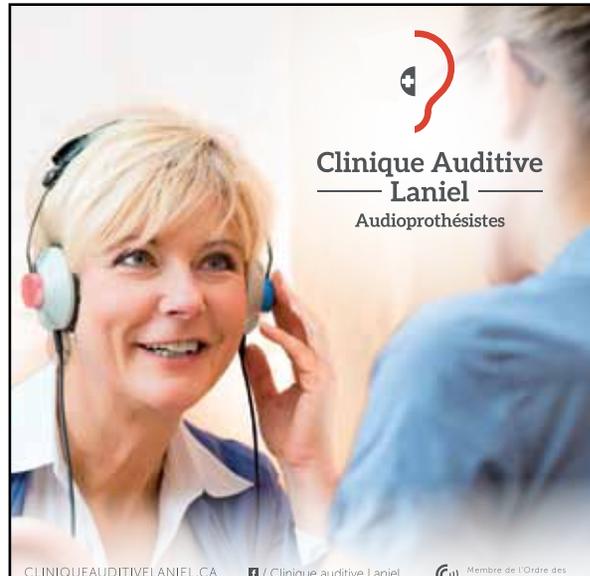
EXAMEN D'APNÉE DU SOMMEIL

# GRATUIT FREE

SLEEP APNEA TEST

Fournisseur médical d'accessoires et appareils CPAP  
Medical supplier for CPAP devices and accessories

17 Boulevard de la Cité-des-Jeunes, Suite 140, Vaudreuil-Dorion, QC J7V 9S6  
514-282-2114



- + Hearing aids
- + Hearing exams
- + Audiology service and ENT specialists
- + Batteries, repairs
- + Personalized hearing protectors
- + Home visits

A team of professionals at your service for over 50 years

Vaudreuil-Dorion  
3031 de la Gare boul., suite #102  
Free parking  
450 455-2525

Valleyfield  
35 Rue de Grande-Île  
450 371-6612

Valleyfield  
616 Ch. Larocque, suite 140  
450 371 6617

CLINIQUEAUDITIVELANIEL.CA | Clinique auditive Laniel | Membre de l'Ordre des audioprothésistes du Québec

**FREE\* hearing screening exam** \*Valid until Dec. 31, 2021

# Senior life

## Hudson Historical Society news

**Rod L. Hodgson,**  
HHS Museum Curator

*Special contributor*

The Hudson Historical Society has been around since 1963 and for the first time since then we have not been able to hold any meetings for over a year nor has our Museum been able to reopen. We still have no idea when we will be able to reopen and meet with our members once again.

However during the past year we have produced two new books and that brings us to 15 publications which are now available on local history. Our books are available via our web site; [www.hudsonhistoricalsociety.ca](http://www.hudsonhistoricalsociety.ca) and then go to the library section. They are also available at May's Studio, 459 Main Road, Hudson.

Our latest books are *Heritage and Stately Buildings of Hudson* by Rod Hodgson and *A Monograph of the Parish of St. Thomas Aquinas* by Pat



PHOTO COURTESY ROD HODGSON

Despite being closed due to the pandemic, the Hudson Historical Society is pleased to offer two new books on local history penned in the last year.

McCaffrey. That is a translation of the book done by Robert L. Séguin in 1947 for the 50<sup>th</sup> Anniversary of the Parish. It is really a history of the settlement of Hudson from 1613-1947.

We will try to keep you posted at least once a month. Stay safe.

IN THESE TRYING TIMES

LET'S VISIT YOUR FUTURE RESIDENCE TOGETHER!

VISIT US VIRTUALLY

PLEASE CALL US FOR AN APPOINTMENT

VACCINATION IS COMING TO YOUR RESIDENCE SOON! STAY TUNED.

3223, boul. de la Gare, Vaudreuil-Dorion  
450 455-7889  
[LeFelixVaudreuilDorion.com](http://LeFelixVaudreuilDorion.com)

*Société Alzheimer Society*  
SUROIT  
450-455-3373 · 1-877-773-0303  
[www.alzheimersuroit.com](http://www.alzheimersuroit.com)



Help and free services in your community  
*Information, consultations, support and training*

Funding for this project provided by:

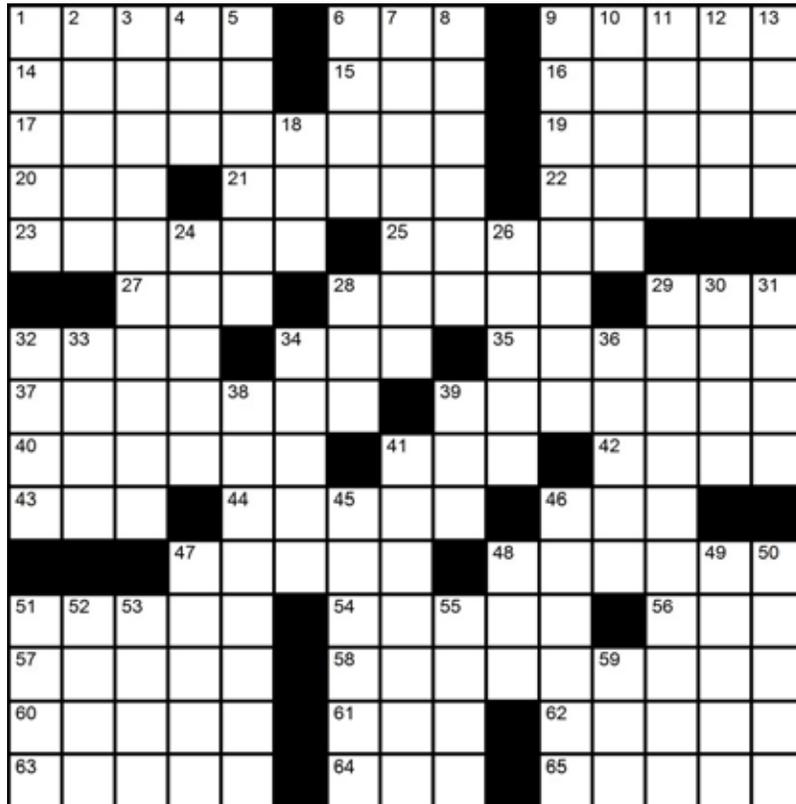


**NEW**

# It's Puzzling

## Across

- 1. Distant
- 6. Apex
- 9. Jobs
- 14. "ER" actress --- Tierney
- 15. "--- Believer", Monkees hit
- 16. Start playing!
- 17. Tap
- 19. "Fear of Flying" author --- Jong
- 20. Snow runner
- 21. Less common
- 22. Buoyant
- 23. Old-fashioned cab
- 25. Lightweight tropical hats
- 27. Elite group
- 28. Gene Pitney was only 24hrs from here
- 29. Downloadable program
- 32. Small lake
- 34. Natter
- 35. Tenor --- Bocelli
- 37. Sidestepped
- 39. Splendors
- 40. Demeanor
- 41. Total
- 42. Capital of Norway
- 43. Source of formic acid
- 44. Jambalaya ingredient
- 46. Little one
- 47. "Band of Gold" singer Freda ---
- 48. Miscreants
- 51. Economizer
- 54. Succeed
- 56. One of New York's finest, perhaps
- 57. Nautical fastener
- 58. To
- 60. Carroll's rabbit-hole explorer
- 61. Wyo. neighbor
- 62. Extended area of land
- 63. Waterproofed as many showers are
- 64. Affirmative vote



65. Solemn promises

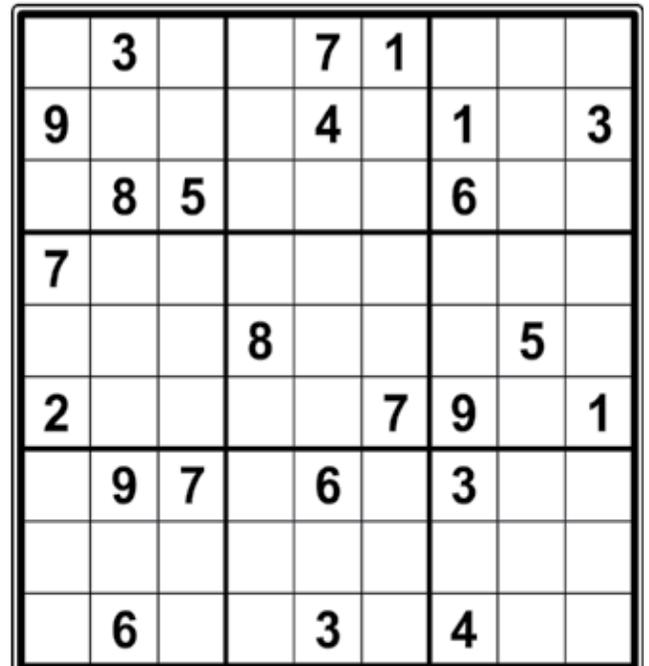
## Down

- 1. Pennsylvania Mennonites
- 2. Sri ---, formerly Ceylon
- 3. Ahead of the field
- 4. Mineral source
- 5. Litter of pigs
- 6. Bracket
- 7. Stimulus
- 8. Security detachment
- 9. Anna Paquin won an Oscar for this film, aged 11
- 10. Spanish winds
- 11. The pen
- 12. Recoil
- 13. Remain
- 18. Rotating engine part
- 24. Welcome
- 26. Old Testament song
- 28. Sliver
- 29. Nobleman
- 30. Rind

31. --- doble (dance)

- 32. One of the Three Bears
- 33. "--- Almighty", in which Morgan Freeman played God
- 34. Nixon's successor, informally
- 36. Drivel
- 38. At peace
- 39. Rev up
- 41. --- Todd, barber
- 45. Chest pain
- 46. Am disposed
- 47. Serenity
- 48. Pro
- 49. Gun handle nick
- 50. Notices
- 51. Get outta here!
- 52. "--- want is a room somewhere..." ("My Fair Lady")
- 53. Bridal wear
- 55. Start of a Hamlet soliloquy
- 59. Geological time composed of periods

## SUDOKU



## WORDSEARCH



- |         |        |          |        |
|---------|--------|----------|--------|
| Brag    | Faro   | Nap      | Skat   |
| Bunko   | Fish   | Ombre    | Solo   |
| Canasta | Gin    | Poker    | Spades |
| Carlton | Grab   | Red Dog  | Stop   |
| Crib    | Hearts | Rouge et | Whist  |
| Demon   | Hi-Low | Noir     |        |
| Fan-Tan | Misere | Rummy    |        |

Solutions on page 18



**CELEBRATING 17 YEARS IN THE COMMUNITY!**

# CLASSIFIEDS

View, submit & pay your ad before 4 p.m. on Tuesday,  
online at [www.yourlocaljournal.ca](http://www.yourlocaljournal.ca) or e-mail: [classifieds@yourlocaljournal.ca](mailto:classifieds@yourlocaljournal.ca)

450 510-4007

## SECTIONS

|               |                         |                         |  |              |
|---------------|-------------------------|-------------------------|--|--------------|
| 100- For Sale | 175- Wanted             | 250- Real Estate Sale   | 325- Autos for Sale                    | 1 week \$15  |
| 125- For Rent | 200- Careers/Employment | 275- Garage/Moving Sale | \$24.95 until it sells (max. 3 months) | 2 weeks \$20 |
| 150- Services | 225- Financial Services | 300- Miscellaneous      | 350- Legal                             | 3 weeks \$25 |

### 100 - FOR SALE

**Google Nest Hub, brand new, never opened.** View and control connected devices from a single dashboard. Simply use your voice to watch YouTube and play songs from YouTube Music. \$50. Text 438-491-0133. See [www.yourlocaljournal.ca/visual-classifieds](http://www.yourlocaljournal.ca/visual-classifieds).

**Large dog cage.** Measures 29.5" wide X 48" long X 33" high. Dog not included. \$100. Please call 514-425-5965 and leave a message. See photo at [www.yourlocaljournal.ca/visual-classifieds](http://www.yourlocaljournal.ca/visual-classifieds)

**Five large beveled mirrors.** Two measuring 19.5" by 40" and three measuring 21" by 45". \$100 for everything. Pick up. Text 514-346-3234.

**Canadel solid wood dining rooms set** with 6 chairs. LIKE NEW. Table has an integrate leaf allowing you to expand the table to sit 10. \$1,500. 514-754-9726. See visual classified ad at [www.yourlocaljournal.ca/visual-classifieds](http://www.yourlocaljournal.ca/visual-classifieds)

### 125 - FOR RENT

#### OFFICE SPACE FOR RENT.

Six spacious offices, reception area, kitchenette and powder room. Offices are on the second floor of the Hudson Shopping Centre. Available November 1, 2020. \$2,000/month. Call Marcel Leduc (514)602-4313

**A 3 1/2 for rent in Hudson** with a beautiful solarium, \$850/month. Call 514-787-7817 for more info (210225)

**Newly renovated (2021) detached apartment** in Vaudreuil-Soulanges for rent. 2 bedrooms, large family room. Kitchens appliances, large private outdoor yard, large driveway. 1500\$/ month rent. Contact 514-296-1239 (210225)

### 150 - SERVICES

**Dry Firewood.** Stacking and kindling available. Very reasonable. Dan: 514-291-1068

**Hi! Need your roof cleaned?** Free estimate, no obligation. Call John 514-979-3067 (210218)

### 150 - SERVICES

**"MAN WITH A VAN" MOVING.** Whole house. Small moves, too! Quebec/Local/Ontario. Experienced/Equipped. Please leave a message 514-605-3868 MIKE THE MOVING MAN.

#### APPLE MAC SUPPORT since 1983

Variable Rates  
Initial Hour Free

\*\* Preventive Maintenance \*\*  
Upgrades

Troubleshooting  
System Analysis & Advice

A Local Review:  
[cloudbyteconsulting.com/review.html](http://cloudbyteconsulting.com/review.html)

[terry@cloudbyteconsulting.com](mailto:terry@cloudbyteconsulting.com)  
450-853-0534

**Registered Gun Smith. We buy new and used guns, restricted and non-restricted. 514-453-5018**

**Piano Lanco - Experienced local piano technicians** offering quality tunings and skillful repairs. Improve the sound and touch of your piano with hammer voicing and action regulation. [info@pianolanco.com](mailto:info@pianolanco.com) 514-770-7438

**ASPIRATEURS HUDSON VACUUM.** Canister and Central Vacuum Cleaners. Sales and repair all brands. SEBO Vacuum Cleaner, 10 year warranty \$398. (Electrolux, Filter Queen, Kenmore and uprights; other brands available, \$75 and up). New Central Vac with bag, hose, accessories \$579 and up. Repair and service central vacuum systems. Parts and bags (all makes). Biodegradable cleaning supplies. **Toilet paper 500 sheets per roll, \$37.95/48 rolls per case.** Sharpening scissors, knives and gardening tools. 67 McNaughten, Hudson, Quebec 450-458-7488

**INCOME TAX** - individuals, families and self-employed, reasonable rates, electronic EFILE, more than 20 years experience. Vaudreuil-Dorion. Services available in English and French. 514-592-7259 / [mdescoteaux\\_wi@hotmail.com](mailto:mdescoteaux_wi@hotmail.com) (210510)

### 150 - SERVICES

**SINGING LESSONS. Private or Semi-Private.** In my home (St-Lazare). Sing the songs you love! Call Morgan. 514-607-1308 References available.

**zMoving? All jobs.** Reliable, reasonable, fully equipped. Local and Ontario, Maritimes, USA. 35 yrs experience. Call Bill or Ryan 514-457-2063.

**Handyman. Maintenance, repairs and minor renovations, indoor or outdoor.** 30 years of experience. Donald 514-913-2881 (210218)

**Experienced cleaning lady** with spots available weekly or bi-weekly or as needed. Hard working, reliable and trustworthy; references available. Call Janine at: 514-464-6762 (210225)

**ROOF SNOW REMOVAL.** Remove snow off your roof to prevent water back up, excessive weight for structure damage, and proper venting preventing condensation. Call Guy at 514-823-3448 (210225)

### 175 - WANTED

**\$ Buy car for scrap.** Running or not, 24/7. [www.scrapvehicule.com](http://www.scrapvehicule.com) Call 514-715-7845

**A Military Collector looking for medals, flags, swords, uniforms, documents, helmets, hats, all related war memorabilia WWI, WWII, Canadian/German or others.** Antiques, collectibles, aviation, nautical, coins, badges, maps, signs. Please contact Patrick 450-458-4319, [patrick148@ca.inter.net](mailto:patrick148@ca.inter.net), 2760A Côte St-Charles, St-Lazare, Reni Decors (210617)

**Wanted: Old cars** from 1900 to 2010. Cash offer for your old car, motorcycle, or any vehicle, running or not. Will visit by appointment. Tim 514-755-0664 (210225)

The Journal -  
Our Focus...Your News

Continued on page 18

### 125 - FOR RENT

**IMMEDIATE OCCUPANCY**

**OFFICE SPACE FOR RENT**



Six spacious offices,  
reception area,  
kitchenette and powder room.  
Offices are on the second floor of the  
**Hudson Shopping Centre.**

Available November 1<sup>st</sup> - \$2,000/month

**Call Marcel Leduc (514)602-4313**

## PROFESSIONAL DIRECTORY

### ACCOUNTANTS

**KARAVOLAS BOILY & TRIMARCHI  
CPA INC.**

Taxes and Accounting  
438 Main Road, Hudson  
Tel : 450-458-0406

### ARCHITECT

**Chloe Hutchison**

Architect, PA LEED™  
[chutchison@live.ca](mailto:chutchison@live.ca) • 514-806-8952

### BOOKKEEPING

**Bryan Todd, B. Comm (Acct.)**

Business and Personal Accounting Services,  
Tax Preparations & Filings Ph. (514) 730-5966

### IMMIGRATION

**Brazolot Migration Group**

450 Rue Main, Hudson, QC  
(450) 458-2186  
[info@brazolotgroup.com](mailto:info@brazolotgroup.com)

### DENTISTS

**Dr. Don Littner, Dr. Morty Baker  
& Dr. Natalie Liu**

New patients welcome  
472 Main Rd., Suite I, Hudson  
450.458.5334

### HOME CARE NURSING

**Nova Hudson**

Nursing care, palliative care, cancer care,  
foot care, family support,  
volunteer services and adult day centre.  
**465 Main Rd, Hudson, Suite 202  
(450) 458-5727**

### INVESTMENT ADVISOR

**Mark Quenneville**

Associate Investment Advisor  
Quenneville Walsh Private  
Wealth Management / Raymond James Ltd.  
450-202-0999  
[mark.quenneville@raymondjames.ca](mailto:mark.quenneville@raymondjames.ca)

### LIFE COACH

**Caroline Courey**

Life Coach

[caroline.courey@gmail.com](mailto:caroline.courey@gmail.com)  
450-853-0616  
[www.courey.com](http://www.courey.com)

International Coach Federation ICF

### ORTHODONTISTS

**Dr. Amy Archambault  
Dr. Paul Morton**

Your Local Specialists in Orthodontics  
3206, boul. de la Gare, Suite 160  
Vaudreuil-Dorion (450) 218-1892

### PSYCHOLOGIST

**drs. Martina Kleine-Beck**

Psychologist  
514.265.1386

[martinakb\\_58@hotmail.com](mailto:martinakb_58@hotmail.com)

### PSYCHOLOGIST

**Sylvi Lafontaine**

Psychologist  
450.458.0944

[sylvilafontaine@gmail.com](mailto:sylvilafontaine@gmail.com)  
Bilingual Services • Cdn & US trained

**JOIN THE PROFESSIONAL DIRECTORY**

Contact us today

450-510-4007 • [admin@yourlocaljournal.ca](mailto:admin@yourlocaljournal.ca)

# It's Puzzling solutions

## SUDOKU SOLUTIONS

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 4 | 3 | 2 | 6 | 7 | 1 | 8 | 9 | 5 |
| 9 | 7 | 6 | 5 | 4 | 8 | 1 | 2 | 3 |
| 1 | 8 | 5 | 9 | 2 | 3 | 6 | 4 | 7 |
| 7 | 5 | 9 | 4 | 1 | 6 | 2 | 3 | 8 |
| 6 | 1 | 3 | 8 | 9 | 2 | 7 | 5 | 4 |
| 2 | 4 | 8 | 3 | 5 | 7 | 9 | 6 | 1 |
| 5 | 9 | 7 | 1 | 6 | 4 | 3 | 8 | 2 |
| 3 | 2 | 4 | 7 | 8 | 9 | 5 | 1 | 6 |
| 8 | 6 | 1 | 2 | 3 | 5 | 4 | 7 | 9 |

Follow us on  
 **Instagram**  
 @thejournalnewspaper



**CLASSIFIEDS** View, submit & pay your ad online at [www.yourlocaljournal.ca](http://www.yourlocaljournal.ca) or e-mail: [classifieds@yourlocaljournal.ca](mailto:classifieds@yourlocaljournal.ca) • 450 510-4007

### 200 – CAREERS/EMPLOYMENT

**Great house Minn cleaning services**, a well-established cleaning company in Pin-court is seeking a part-time cleaner for 10 hours per week. Please contact Deneise at (514)865-1973.

**Reliable company in Ville St-Laurent** looking for a heating and air conditioning installer with minimum 2 years experience. All benefits included. Please call 438-455-5429 (210318)

### 200 – CAREERS/EMPLOYMENT

**SUMMER EMPLOYMENT.** Administrative assistant required in Hudson for 8/10 weeks. University Student Preferred. Computer skills required. General administration, web research and analysis, record and bookkeeping, other duties as assigned. Send your CV and application to [manning@compas-orientation.com](mailto:manning@compas-orientation.com) by March 26th, 2021 (210218)

### 200 – CAREERS/EMPLOYMENT

Supported by:  Canadian Heritage  Patrimoine canadien

Reach out, we're here to help! **1-888-614-9788** | [yesmontreal.ca](http://yesmontreal.ca)  
 Employment services including career coaching and workshops are free. Some services are based on eligibility.

# — HERE'S MY CARD —

**CLEANING SERVICE**

**GREAT-HOUSE MINN CLEANING COMPANY**

**Services:** • Residential • Commercial  
 • Weekly, bi-weekly, or monthly  
 • Eco-friendly products  
 • Spring/fall window cleaning



**WWW.GREAT-HOUSEMINN.CA**  
 514-865-1973 • [greathousemin@gmail.com](mailto:greathousemin@gmail.com)

**COMPUTERS**

**PC-TECK INFORMATIQUE**

**SALES - new & refurbished units**  
**REPAIRS - CONFIGURATION**  
**SYSTEM UPGRADES - NETWORKS**

**(450) 424-6205**  
[www.pc-teck.com](http://www.pc-teck.com)  
 E-mail: [pc\\_teck@videotron.ca](mailto:pc_teck@videotron.ca)

**590 Ave. St-Charles Vaud-Dorion**

**DISINFECTING**

**RESIDENTIAL & COMMERCIAL FOGGING**

**LES ENTREPRISES MILEMI INC.**

Fogging for disinfection of virus bacteria and COVID-19, General Maintenance, Carpet Cleaning, Renovations, Decks, Floors, and More!

**Spiros Roumeliotis**  
 President  
 514-817-8923  
[Milemi2021@gmail.com](mailto:Milemi2021@gmail.com)

**HANDYMAN SERVICES**

**DO YOU NEED HELP AROUND THE HOUSE?**

**Hudson HOME REPAIRS & MAINTENANCE**

Quality Handyman Service • **450-458-5623**  
[HudsonHomeRepairsMaintenance@gmail.com](mailto:HudsonHomeRepairsMaintenance@gmail.com)

**MANAGEMENT SERVICES**

**FRANK ROYLE**  
 Independent Manager

- PROPERTY MANAGEMENT
- ESTATE SETTLEMENTS
- ELDERCARE ASSISTANCE
- BUSINESS MEETING MANAGEMENT

**736 Main Road, Hudson, QC J0P 1H0**  
 Tel: (450) 458-7316 Fax: (450) 458-4763  
 e-mail: [froyle@frank-royle.com](mailto:froyle@frank-royle.com)  
[www.frank-royle.com](http://www.frank-royle.com)

**MOVING**

**PEM DÉMÉNAGEMENT P. ENOS MOVING**

LOCAL & LONG DISTANCE  
 PACKING & STORAGE  
 ONE ITEM OR WHOLE HOUSE  
 LICENSED & INSURED

**Pierre Enos**  
 Tel: 450.458.4857  
 Cell: 514.386.1278

**TREE SERVICE**

**TREES AND BEYOND TREE SERVICE**

EMERGENCY 24H • 7 DAYS  
 FREE ESTIMATES

Tree removal and trimming  
 Stump removal • Chipping  
 60 ft. bucket truck service  
 Firewood • Fully insured

**WWW.TREESANDBEYOND.CA**  
 Patrick Creyf 514 894-7020 [tab@videotron.ca](mailto:tab@videotron.ca)

**PAINTING**

**Peinture Kevin Gray Painting** Benjamin Moore RBQ: 5695-5164-01

**514-802-2824**

Interior & Exterior Painting  
 Cabinet Refinishing & Re-Spray  
 Gyroc Installation, Repair & Plastering.

\* [kevingraypainting@hotmail.com](mailto:kevingraypainting@hotmail.com) \* 

**VENTILATION**

**J. S. Maintenance**

Is your ventilation system in need of cleaning?  
**TALK TO THE EXPERTS!**

Also Carpet, Window & High-Pressure Cleaning and Water Damage Clean-Up

Fax: (450) 424-1055 Tel: (450) 458-3022  
[info@jsmaintenance.net](mailto:info@jsmaintenance.net) [www.jsmaintenance.net](http://www.jsmaintenance.net)

**VACUUM CLEANERS**

**Aspirateurs Valleyfield**



Marco Lapierre - Owner  
**Sales • Service • Repairs • Bags • Filters**  
 111 Grande-île, Salaberry-de-Valleyfield QC  
[www.aspirateursvalleyfield.com](http://www.aspirateursvalleyfield.com)  
**450-377-0577 • 1-877-377-0577 (Toll Free)**

Instagram  
 @thejournalnewspaper

There is room for your card  
**Call us**  
**(450) 510-4007**



# NORMAND ROY

Certified Real Estate Broker AEO

(450) 458-1116

nroy@viacapitale.com • www.normandroy.com



Real Estate Agency

20 years of experience in Real Estate

Guaranteed service, ProtectionViaCapitale, 360 Virtual Tour



NEW!



### 2605 Bonaventure, St-Lazare

**A RARE FIND** - for lovers of log-homes nestled in the heart of a picturesque, wooded, and serene neighborhood. This charming property offers you a private oasis both inside and out. 2+1 bedrooms, 1.5 bathrooms and a finished basement which boasts its own backyard access. A real gem.

Centris #26114111

\$475,000



### Lot De La Seigneurie, Hudson

**GREAT VACANT LOT** - Quiet neighborhood, lot on the "Cul-de-sac", giving easy access to highway 40 and minutes to services, daycare, restaurants, Hudson/Oka ferry. Wanting to own your forest with no rear neighbor of over 300,000sq. ft. and residential portion of 22,000 sq. ft. to build your dream home, this is the ideal lot!

Centris #21560299

\$299,900



### 3 Martin, Vaudreuil-Dorion

**A PERFECT FAMILY HOME** - Walking distance of community services, 3+1 BDR, 2.5 bth, finished BMT + many upgrades since 2015. A fenced yard & cabana, immediate occupancy is possible!

Centris #10017404

\$499,000



### Lot Meloche, Vaudreuil-dorion

**WOODED LAND OF 30,349 sq ft** - With view of "Des Outaouais river" no front & rear neighbor. Residential zoning with possibility of bi-generational. Easy access to highway 20,30 & 40. Nice opportunity to build your dream home!

Centris #24161296

\$159,000



### 910-914 St-Jean-Baptiste, Mercier

**PERFECT FOR INVESTORS** - Prime location commercial building. 10 years lease contract by dentist center with 5 years option for renewal, allowing a safe revenue for years to come. Sound building built with steel & concrete +++

Centris #11253091

\$1,200,000



### St-Michel-Des-Saints

**Superb 4 lots offering 1 for commercial and/or residential use.** Access to Lac Taureau from chemin Beaudry just below. Near St-Ignace South and chemin du Lac Taureau. A real deal!

Centris #26263221

\$80,000



## A GUARANTEED CHOICE

Whether you're buying or selling, completing a real estate transaction involves taking a number of actions: Via Capitale brokers commit to giving you a written guarantee of services that describes all of the steps that they will take for you.



FRANCINE PHANEUF  
Assistant



SUZANNE ROY  
Customer Service



LUCIEN MALAKET  
MEUBLES / FURNITURE

**Malaket** Depuis / Since 1947

## We are REOPENED since Tuesday, February 16

We are happy to welcome you during our normal business hours and to offer you  
**A REBATE EQUIVALENT OF THE TAXES**  
 On our furniture, mattresses as well as specials on all of our appliances  
*Until February 27*

Please note that sanitary measures dictated by Public Health are still in place and it is important to continue to respect them



TUESDAY TO FRIDAY: 9 A.M. - 5:30 P.M. • SATURDAY: 9 A.M. - 5 P.M.

LUCIEN MALAKET  
MEUBLES / FURNITURE  
**Malaket** Depuis / Since 1947

**MALAKET.COM**  
 CLOSED ON SUNDAY AND MONDAY  
 FOR FAMILY DAY

231 MAIN ST. EAST  
 HAWKESBURY, ONTARIO  
 ☎ 613-632-7202 | 1-800-267-1165

**FREE DELIVERY TO MONTREAL, OTTAWA AND LAURENTIANS • ONLY 25 MINUTES FROM HUDSON. NO TRAFFIC!**